



## Leadership Coaching



[the-madison-group.co.uk](http://the-madison-group.co.uk)

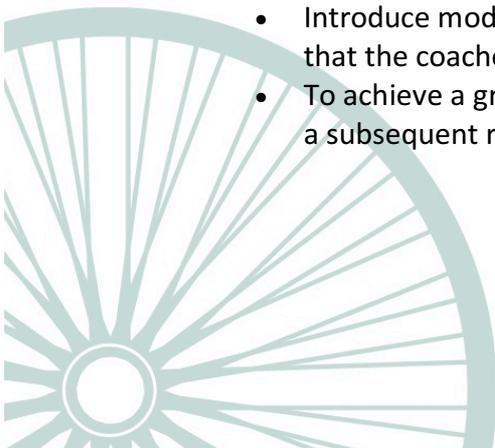
### Who Would Benefit?

- High performing managers wishing to enhance their performance further
- Newly appointed managers looking to succeed quickly
- Individuals who find themselves working in highly stressful situations
- Individuals in major transition
- Individuals looking for support in clarifying their direction and purpose at work
- Individuals looking to achieve a greater work / life balance
- Managers looking to revitalise their personal and professional development

### Outcomes

The following might be expected as key outcomes of the process:

- Achievement of higher levels of personal performance
- Creating a clearer sense of direction, has identified what matters to him/her and is working toward achieving this
- Establishing priorities that focus activity, both within and outside work
- Determining the measures of success in all aspects of the coachee's life in order that rates of progress can be noticed and worked on
- Making progress toward achieving key career and life goals
- Creation of a personal list of "rules for winning", a reflection of what works best for the individual in order that the learning can be maintained
- To provide an independent and impartial sounding board against which the coachee can explore their experiences in taking action, and in consequence, be aware of their learning and development as managers and leaders
- Encourage the notion of "continuous professional and personal development" within and beyond the programme
- Transferring coaching skills in order that similar processes can be run with team members
- Introduce models for effective communication, coaching and team leadership so that the coachee can be developed for roles beyond their current one
- To achieve a greater sense of balance and fulfilment within the coachee's life, with a subsequent reduction in stress





## Style

- Jeff has built a strong reputation over the last 25 years as a coach, team coach, coach supervisor and facilitator of learning. His approach is one of building on the strengths and resources that clients bring, adopting a solution focussed approach that creates energy and commitment to change for those he works with.
- His style is a blend of energy and enthusiasm combined with a deep understanding of the dynamics of human interaction. He has the ability and experience to work across a very wide range of roles and organisations having coached many individuals and teams in many different contexts. He has a particular interest in supporting the development of effective working relationships and “professional conversations” in all their forms in organisations, particularly around performance.

## Structure

- The programmes are contracted for individually. Each session would be planned for up to 2 hours in length.
- Sessions are best held at a suitable, private venue, this can be the client's office, however, a process such as this frequently benefits from being run off-site.
- Telephone or skype based programmes are available.



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